Question Ball

Group Size: Any size group (larger groups may want to split and use multiple balls)

Time: 10-15 minutes

Supplies: Large Rubber Ball with open-ended questions written on it

Purpose: To have each person learn at least one new insight about the others in their group.

Goal: To have each person answer at least one question from the ball.

Guidelines:

• Each person must answer at least one question.
• After a person answers, they must pass the ball to another participant that has not yet gone.
• Each question must be answered at least once before it can be repeated.
• Play stops when each person has answered one question.
• If time allows, more rounds can be played.

Debrief Questions: (5 to 10 minutes with whole group together)

• What are some new insights that you learned from this activity?
• How might this be helpful in the workplace?
• How did you learn something new about today?

Facilitator Notes:

• Be sensitive to the group dynamics when doing this activity. It is a good idea to have one ball with light-hearted questions on it and another with deeper questions on it.

• This is an activity that you would want to “facilitate-on-the-go” meaning that you would want to include yourself in the activity and not facilitate it from the outside.

• Sample Light-hearted Questions:
  ○ Your favorite restaurant in town
  ○ Where to find good live music
  ○ A good place for sandwiches and salads

• Sample Deep Questions
  ○ If you had only 24 hours to live, what would you do?
  ○ If the whole world were listening, what would you say?
  ○ If you were asked to speak to a graduating class, what would you say?