

Question Ball

Group Size: Any size group (larger groups may want to split and use multiple balls)

Time: 10-15 minutes

Supplies: Large Rubber Ball with open-ended questions written on it

Purpose: To have each person learn at least one new insight about the others in their group.

Goal: To have each person answer at least one question from the ball.

Guidelines:

- Each person must answer at least one question.
- After a person answers, they must pass the ball to another participant that has not yet gone.
- Each question must be answered at least once before it can be repeated.
- Play stops when each person has answered one question.
- If time allows, more rounds can be played.

Debrief Questions: (5 to 10 minutes with whole group together)

- What are some new insights that you learned from this activity?
- How might this be helpful in the workplace?
- How did you learn something new about today?

Facilitator Notes:

- Be sensitive to the group dynamics when doing this activity. It is a good idea to have one ball with light-hearted questions on it and another with deeper questions on it.
- This is an activity that you would want to “facilitate-on-the-go” meaning that you would want to include yourself in the activity and not facilitate it from the outside.
- Sample Light-hearted Questions:
 - Your favorite restaurant in town
 - Where to find good live music
 - A good place for sandwiches and salads
- Sample Deep Questions
 - If you had only 24 hours to live, what would you do?
 - If the whole world were listening, what would you say?
 - If you were asked to speak to a graduating class, what would you say?