

Trao Thao – Biography

YDN

Youth Development Specialist/Trainer
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BELIEF • MAXIMIZER • ADAPTABILITY • DEVELOPER • RESPONSIBILITY



Trao Thao is a certified IncredibleCoach, LEGO SERIOUS PLAY facilitator, and is one of the Youth Development Specialist/Trainers with YDN.

Trao has promoted Youth Development over the past 13 years through his work with community organizations in the greater Sacramento area, specifically focusing on resiliency, engagement, well-being, and building the strengths of young people.

During the last five years, Trao has successfully facilitated multiple seminars, leadership camps, lead student medical programs, district wide youth-led projects, and philanthropy youth boards that fostered the Strengths-Based and Youth Development approaches. Trao's passion for creating positive life-changing opportunities for youth to thrive and succeed is a natural reflection of his CliftonStrengths top 5 talent themes, with a passion for helping people at the heart of his work.

Besides his direct work with young people, Trao has presented and facilitated to hundreds of professionals throughout the state across multiple systems and services. A primary goal of his is to make sure individuals/teams have what they need to create supportive environments where people are valued and encouraged to become their best.

When Trao is not at the office, he loves to spend as much time with nature as he can with his family and friends.

